

AGE LIMITS	Min. age limit for: WAG: 25 years (born in 1998 and before). MAG: 30 years (born in 1994 and before).
-------------------	---

COMPETITION FORMAT	<p><u>Men's Artistic Gymnastics</u> Maximum 8 elements, can be used to count.</p> <p>Category 1: 30-34 years old 2B,4A Start value 10.0 Missing: B – 0.2, A – 0.1 Additional D and higher + 0.4, C +0.3, B + 0.2 (Max. 2 additional elements for bonification) Average score of Three best result</p> <p>Category 2: 35-39 years old 1B, 5A Start value 10.0 Missing: B – 0.2, A – 0.1 Additional D and higher + 0.6, C +0.4 , B + 0.2 SUM of Three best result (Max. 2 additional elements for bonification)</p> <p>Category 3: 40-44 years old 5A</p>
-------------------------------	--

Start value 10.0 Missing: B – 0.2, A – 0.1
Additional D and higher + 0.8, C +0.5, B + 0.3
SUM of Three best result
(Max. 3 additional elements for bonification)

Category 4: 45-49 years old
5A
Start value 10.0 Missing: A – 0.2
Additional C and higher + 0.8, B +0.4, A + 0.2
SUM of Three best result
(Max. 3 additional elements for bonification)

Category 5: 50-54 years old
4A
Start value 10.0 Missing: A – 0.2
Additional C and higher + 0.8, B +0.5, A + 0.3
SUM of Three best result
(Max. 4 additional elements for bonification)

Category 6: 55-59 years old
4A
Start value 10.0 Missing: A – 0.2
Additional C and higher + 1.0, B +0.6, A + 0.4
SUM of Three best result
(Max. 4 additional elements for bonification)

Category 7: 60-64 years old
3A
Start value 10.0 Missing: A – 0.2
Additional C and higher + 1.0, B +0.7 , A + 0.5
SUM of Three best result
(Max. 5 additional elements for bonification)

Category 8: 65-69 years old
3A
Start value 10.0 Missing: A – 0.2
Additional B and higher + 0.8, A +0.6 ,
SUM of Three best result
(Max. 5 additional elements for bonification)

Category 9: 70 years and older
2A
Start value 10.0 Missing: A – 0.2
Additional B and higher + 1.0, A + 0.8
SUM of Three best result
(Max. 6 additional elements for bonification)

Vault for All MAG Categories FIG +6,0 + (0,5 x Category)
Vaults type, that is not included in FIG code of points – to be recognized – 10.0
For MAG Categories 5-9 height and functional properties changes can be allowed

Women's Artistic Gymnastics

Maximum 6 elements, can be used to count

Category 1: 25-29 years old
 1B, 4A
 Start value 10.0
 Missing: A - 0.1, B - 0.2
 Additional D and higher + 0.4, C + 0.3, B + 0.2
 SUM of Two best result
(Max. 1 additional element for bonification)

Category 2: 30-34 years old
 5A
 Start value 10.0
 Missing: A - 0.1, B - 0.2
 Additional D and higher + 0.5, C + 0.4, B + 0.3
 SUM of Two best result
(Max. 1 additional element for bonification)

Category 3: 35-39 years old
 4A
 Start value 10.0 Missing: A - 0.2
 Additional C and higher + 0.6, A + 0.2, B + 0.4
 SUM of Two best result
(Max. 2 additional elements for bonification)

Category 4: 40-44 years old
 3A
 Start value 10.0 Missing: A - 0.2
 Additional C and higher + 0.7, A + 0.3, B + 0.5
 SUM of Two best result
(Max. 3 additional elements for bonification)

Category 5: 45-49 years old
 3A
 Start value 10.0 Missing: A - 0.2
 Additional C and higher + 0.8, A + 0.4, B + 0.6
 SUM of Two best result
(Max. 3 additional elements for bonification)

Category 6: 50-54 years old
 2A
 Start value 10.0 Missing: A - 0.2
 Additional C and higher + 1.0, A + 0.6, B + 0.8
 SUM of Two best result
(Max. 4 additional elements for bonification)

Category 7: 55-59 years old
 2A
 Start value 10.0 Missing: A - 0.2
 Additional B and higher + 0.9, A + 0.7
 SUM of Two best result
(Max. 4 additional elements for bonification)

	<p>SUM of Two best result (Max. 5 additional elements for bonification) Vault for All WAG Categories FIG +6,0 + (0,5 x Category) Vaults type, that is not included in FIG code of points – to be recognized – 10.0 For WAG Categories 5-8 height and functional properties changes can be allowed.</p>
--	---

AWARDS	<p>Winner in each Age category will be awarded. (Men’s Artistic Gymnastics – SUM of Three best score Women’s Artistic Gymnastics – SUM of Two best score); MAG (1-9 category) and WAG (1-8 category): The gymnasts on 1st to 6th place will be awarded. (Men’s Artistic</p>
---------------	---

	<p>Gymnastics – SUM of Three best result Women’s Artistic Gymnastics – SUM of Two best result);</p>
ADDITIONAL INFORMATION	<p>NB. Final score to be calculate : 10.00 + Bonus – deduction. For Vaults: see above. No neutral deduction, no limits for one group elements Elements value – FIG code of points 2022 2024</p> <ul style="list-style-type: none"> - We invite you to take a part in the competition even if you make less than Three apparatus MAG, and less than two apparatus WAG; - Gymnasts who are less that 25 years old -WAG and 30 years old -MAG also invited to participate , but out of competition. - Gymnasts can do elements, which are not in the Code of Points. They can be evaluated by the judges as elements of Category A (depends on the age category) but you can’t have additional bonus for thus the element; - The same element, which are written in by the same number FIG, counted as separate element; - A participant has the right to perform on any number of gymnastics apparatus